



ANNUAL REPORT 2024



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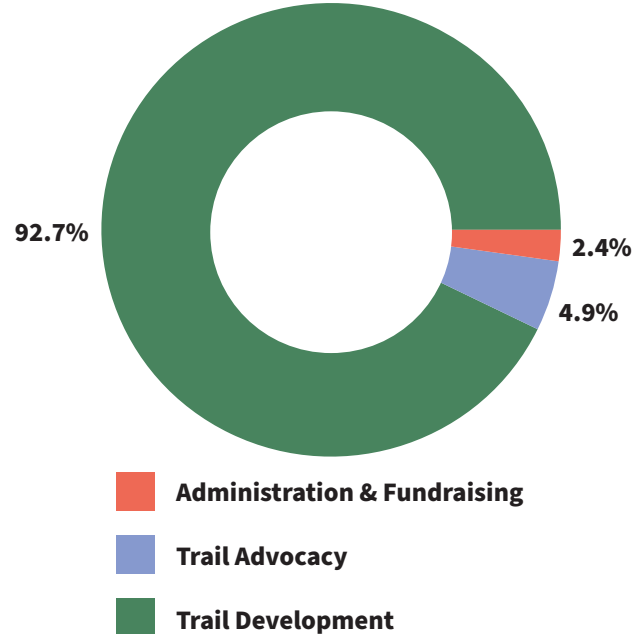
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EXPENDITURES

(3 year average through 2024)



COVER PHOTO: Cedar River Trail at 29th St intersection, courtesy of Phillip Platz

PRESIDENT'S REPORT

The trails of Linn County and Eastern Iowa provide a convenient, accessible, and a free opportunity to get outdoor exercise. A recent article in the Cedar Rapids Gazette dated Sunday, January 12th, 2025 quoted University of Iowa Professor of Health and Human Physiology Lucas Carr saying exercise is “as powerful as a predictor of health as anything else”. The long-term health benefits of routine, moderate exercise are well documented. The trail system offers a great way to provide both residents and guests a place to exercise on a regular basis while also enjoying the many amenities that the trail system connects us to.

The mental health benefits of both exercise and time in nature are also being researched and documented. The parks and especially use of the trail system provide an opportunity to experience both at the same time!

Our partners that build and maintain trails including cities, Linn County, and other advocacy groups are also committed to providing the many benefits of a well-developed trail system. LCTA is continuing to assist our partners with the growth of a connected trail network so everyone has an opportunity to experience the physical and mental health benefits of exercise and exposure to nature.

We have a dedicated board working hard to make trails happen. There are many ways you can help!

Jon Bogert, Board President



A MESSAGE FROM

Trail Users



ABOVE: The Morris Family

“I love how accessible and well-maintained the Linn County trails are, making them the perfect place for my family to walk, bike, and enjoy the outdoors. I’m grateful to have such a wonderful trail system that keeps us active and connected to our community!”

— CAROLINE MORRIS, MD



ABOVE: Nikki Northrup, LCTA Board member and Kathy Visser

“I am so thankful to have a safe place to ride. I appreciate the well kept Linn County trails. I’ve been meeting up with friends and exploring the trails for 14 years and look forward to many more years of fun!”

—KATHY VISSER



ABOVE: Shannon Bisgard on the trail

“I have ridden the trails for years on my bikes and I have thoroughly enjoyed the opportunity to explore our community on the various trails. I have been so impressed with the vision and

commitment of LCTA and the Cedar Rapids/Marion communities to develop trails that connect the entire county and allow for bikers, walkers and runners of all ages and abilities to be able to use.”

— SHANNON BISGARD



ABOVE: Jill Fassler, Cedar Valley Nature Trail, outside near Hoover Trail

“I love our trails! They are safe, they are long, they are fun...and all my friends ride them!”

—JILL FASSLER

Thank you to all of our donors for your generous support of Linn County Trails Association!

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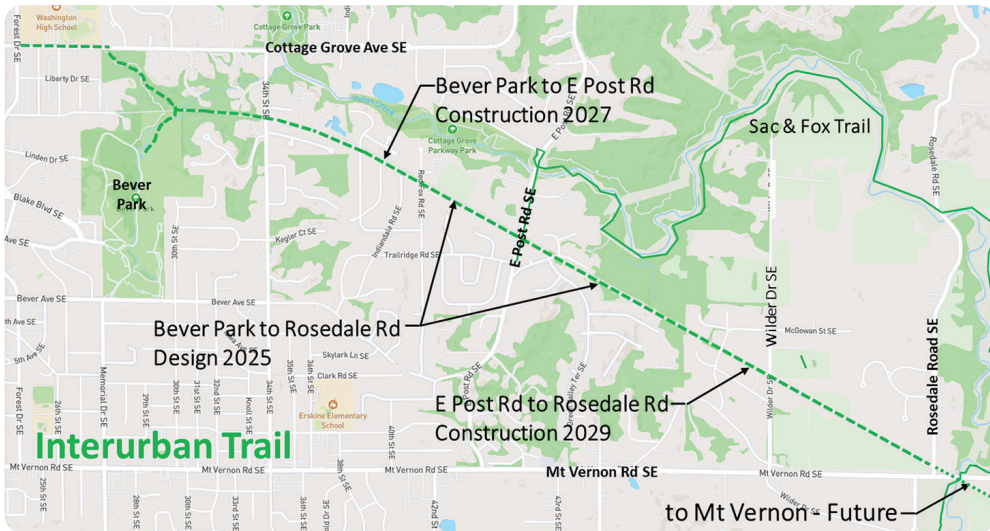
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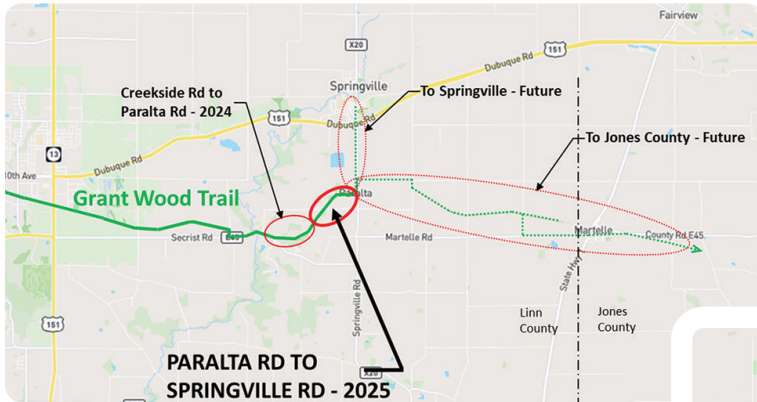
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The Linn County Trails Association is fundraising for THREE new projects! We are raising \$100,000 for design of the Interurban Trail from East Post Rd to Rosedale Rd, \$75,000 for the local match for Phase 4 Morgan Creek Trail from Covington Road to the Cedar River, and \$75,000 for the limestone surface of the Grant Wood Trail from Paralta Rd to Springfield Rd. We are so excited to move forward on these trails!

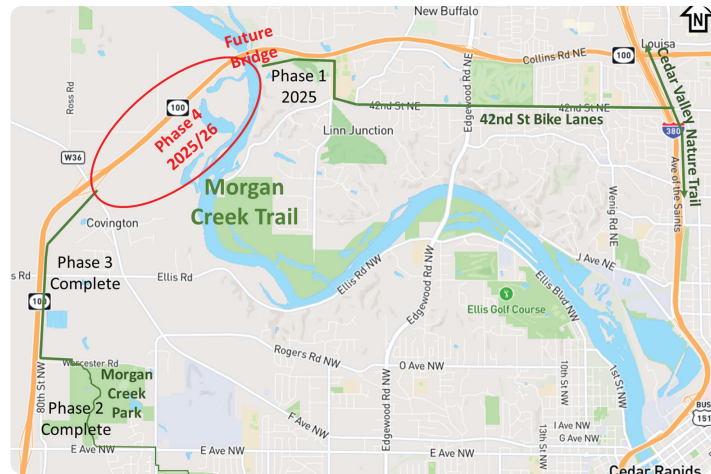
INTERURBAN TRAIL



GRANT WOOD TRAIL



MORGAN CREEK TRAIL



THANK YOU FOR SUPPORTING OUR TRAILS



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Mailing Address _____

City, State, Zip _____

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Method of Payment: Check Bill Me My gift is eligible for a charitable match from my employer. **Please include your form!**

I would like to make a **one-time gift** of: \$ _____ I would like to make a **recurring gift** of: \$ _____ to start on _____

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Your email address will only be used for supporter administration and LCTA information. It will not be sold or shared. LCTA is a nonprofit 501(c)(3) organization. Your gift is fully deductible as allowed by law.

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Trail Blazer	\$500 - \$999	Trail Friend	\$20 - \$49

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Linn County Trails Association
P.O. Box 2681
Cedar Rapids, IA 52406

